

# Leeds Centre for Psychological Development



Frustrated that you can't find the right course?



££ Put off by the expense of further training? ££



Venue not convenient to you?

## Tailor Made Courses in Psychological Development (‘Made to Measure’ CPD)

We are able to offer both on and off site courses in psychological and continuing professional development that will meet particular needs.

We are able to offer a bespoke service and can create anything from a one day workshop on a particular topic to a full training course. You decide the content and the length of the course, the timings for the day, and you can tailor it to the specific needs of the group.

We offer a wide range of topics including, but not exclusively:

- \* Working with couples.
- \* Working with groups.
- \* Working with Personality Disorders
- \* Aids for short term counselling.
- \* Supervisor training.
- \* Introduction to Transactional Analysis (TA 101).
- \* Working with anxiety and depression
- \* Working with PTSD
- \* The nature of transference and the consequences for relationship.
- \* Child Development
- \* Working with Eating Disorders.
- \* Ethics and working ethically.
- \* Spirituality and the psychological world.

The above topics are simply examples of a range of possible training subjects so if you do not see anything that fits your needs above please enquire.

*Location:* Either at our comfortable, peaceful yet conveniently situated centre in Leeds (for directions see [www.leedscpd.org/contact-directions.html](http://www.leedscpd.org/contact-directions.html)) or at a venue provided by you.

*Group size:* 6 – 15 at our centre or 6-25 at an external venue.

*Fee:* **£750** (for a 6 hour training day). If at client's venue then travelling, subsistence and accommodation will also be charged.

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*Where to go from here:* Contact Robin ([robin.walford@leedscpd.org](mailto:robin.walford@leedscpd.org)) outlining your requirements with venue and date(s). Your enquiry will be acknowledged and accompanied with a suggested proposal for content and training time required. This proposal is, of course, negotiable. If a topic is not within Robin's remit he will immediately inform you of this. When all details are agreed a £100 holding deposit will be required and returnable if Robin were unable to fulfil his commitment.

*The Trainer:* **Robin Walford** is a Teaching and Supervising Transactional Analyst, holds a Masters degree in psychological therapies, and is a UKCP Registered psychotherapist and co-founder of Leeds Psychotherapy Training Institute and Leeds Centre for Psychological Development. He was trained originally as a psychodynamic counsellor and latterly as a Transactional Analysis psychotherapist. He qualified as a counsellor in 1979 and as a psychotherapist in 1993. His Teaching and Supervising qualification was achieved in 2003.



With his partner Jane Walford he ran a psychotherapy training course to Masters Level for 19 years. He worked for the NHS as a Community Mental Health Chaplain and, during that time, he ran staff development groups for community mental health teams and other mental health professionals.

Robin has an established reputation nationally as an excellent, knowledgeable and very experienced trainer and has provided workshops for Relate in many different parts of the country, Community Links, various other local charities, the Church of England and presented at national conferences. His style is relaxed and friendly though professional, and he will often teach through the process of what happens in the workshop. Previous participants in his workshops have described his courses 'life changing', inspirational' and 'challenging but helpful'.

*Enquiries to:* Robin Walford (contact details below).

